



# St Faiths Spring/Summer Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Morning  
Tea

Toasted raisin bread  
served with  
seasonal fruit

Homemade apple,  
apricot and  
cranberry granola  
served with yogurt

Selection of  
seasonal fruit served  
with cheese and  
crackers

Wholemeal toast  
topped with  
smashed avocado,  
cream cheese or  
vegemite

Cruskits topped  
with assorted  
spreads and a  
serving of fruit

Lunch

Crumbed fish served  
with Asian greens  
and jasmine rice

Savory mince and  
vegetable casserole  
served with sweet  
potato mash

Spring chicken,  
vegetable and  
barley soup served  
with oven baked  
focaccia

Classic spanakopita  
served with a Greek  
salad

Mexican quesadilla  
tray bake topped  
with homemade  
tomato salsa and  
sour cream

Vegetarian  
option

Roasted eggplant  
served with Asian  
greens and jasmine  
rice

Lentil and vegetable  
casserole served  
with sweet potato  
mash

Spring chicken,  
vegetable and  
barley soup served  
with oven baked  
focaccia

Classic spanakopita  
served with a Greek  
salad

Mexican quesadilla  
tray bake topped  
with homemade  
tomato salsa and  
sour cream

Afternoon  
Tea

Homemade cheese  
and herb scones  
served with sliced  
watermelon

Seasonal fruit  
platter served with  
cubed cheese and  
crackers

Homemade  
Hawaiian pizza  
squares served with  
a banana smoothie

Carrot and  
cucumber sticks  
served with  
flatbread and  
assorted dips

Homemade apricot  
crumble slice served  
with yogurt

Milk is offered throughout morning tea and fruit and cheese is served following the main lunchtime meal.

Please note, all food intolerances, allergies and preferences are catered for individually, and our vegetarian options are adjusted accordingly to accommodate a vegan diet.